



MEMORANDUM OF UNDERSTANDING (MOU)

BETWEEN

Smt. Aruna Asaf Ali Govt. P.G. College, Kalka

And

Sifaaz Foundation, Chandigarh

For

**WOMEN EMPOWERMENT, OUTCOME-ORIENTED TRAINING,
INTERNSHIP AND ASSOCIATED ACTIVITIES**

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (hereinafter called as "MOU")

is entered into on this

17th day of September, 2025 (Wednesday) by and between:

THE FIRST PARTY represented by Smt. Aruna Asaf Ali Govt. P.G. College, Kalka

AND

THE SECOND PARTY represented by Sifaaz Foundation, Chandigarh

BACKGROUND OF PARTIES

1. Smt. Aruna Asaf Ali Govt. P.G. College, Kalka, represented by the Principal of the College

Smt. Aruna Asaf Ali Govt. P.G. College, Kalka, established in 1970 and named after the renowned freedom fighter, is a premier institution of higher education in Haryana affiliated with Kurukshetra University, Kurukshetra and recognized by the UGC. The college is NAAC accredited with a 'B+' grade located on the Kalka–Shimla National Highway opposite to the bus stand. It is spread across 21 acres in the scenic Shivalik foothills, providing an ideal learning environment. The college offers undergraduate and postgraduate programs including B.A., B.Com., B.Sc. (Medical & Non-Medical), BBA, BCA, M.A., M.Com., M.Sc., PGDEM and PGDCA. It has modern laboratories, computer labs, a library with 32,000+ books and e-resources and seminar halls. Cultural events, sports, NSS, NCC, and workshops promote holistic growth. The active Women Cell empowers female students through seminars, training, and counselling. Guided by experienced faculty, the college serves over 1,000 students annually, focusing on academic excellence, character building, and career readiness.

2. Sifaaz Foundation, Chandigarh

Sifaaz Foundation, based in Chandigarh, is a non-profit organization registered in 2023 committed to women empowerment, health awareness, humanitarian relief, and community development. It envisions a society where every woman lives with dignity and equal opportunity. The foundation actively works through ground-level interventions and digital advocacy. A key focus is women's health and menstrual hygiene management, breaking the silence and stigma around menstruation. It conducts awareness workshops, distributes sanitary pads, organizes health camps, and engages men in conversations on menstruation. Campaigns like "Men on Menstruation" foster inclusivity and empathy. Beyond women's health, Sifaaz Foundation plays a vital role in disaster relief. During the 2025 Punjab floods, it distributed food, sanitary pads, and medical aid in affected villages, ensuring transparency with donors. The foundation also combats misinformation through campaigns like "Share Facts, Not Fear," promoting digital literacy and online safety. It conducts training sessions and leadership workshops, empowering women and youth to become community change makers. With growing support, the foundation plans to expand its work nationwide, focusing on health, empowerment, and disaster response.

AIM OF COLLABORATION

This MOU aims to create a collaborative framework between 'The First Party' Smt. Aruna Asaf Ali Govt. P.G. College, Kalka and 'The Second Party' Sifaaz Foundation, Chandigarh for offering women empowerment initiatives, outcome-oriented training, internships, and empowering students through digital awareness, skill development, research, and documentation, thereby enhancing their practical exposure and future opportunities.

OBJECTIVES OF COLLABORATION

1. Women's Health & Hygiene:

- Joint awareness drives on menstrual health and hygiene in college and nearby communities.
- Workshops for NSS and Women Cell volunteers on addressing stigma and taboos related to menstruation.
- Distribution of sanitary products in rural and underserved areas through NSS units.

2. Capacity Building & Skill Development:

- Training programs for students on leadership, social work, and digital literacy.
- Personality development and gender sensitization workshops for students.

3. Community Outreach:

- Conduct health camps, awareness rallies, and cleanliness drives in adopted villages.
- Joint celebration of international days (Women's Day, Menstrual Hygiene Day, Youth Day, Environment Day, etc.).

4. Disaster Relief & Humanitarian Aid:

- Engage volunteers in relief material collection, packaging, and distribution drives during natural calamities.
- Training sessions for students on first aid, disaster preparedness, and mental health support.

5. Digital Awareness & Misinformation Prevention:

- Launch joint campaigns against misinformation, social media scams, and cyber-bullying.
- Create student ambassador groups within students to spread verified and authentic information.

6. Research & Documentation:

- Collaborative surveys and community research projects led by NSS and Women Cell volunteers with guidance from Sifaaz Foundation.
- Documentation of activities for academic and community impact assessment.

BENEFITS:

This collaboration will:

1. Students gain hands-on training, internships, and priority access to relevant programs, workshops, and certifications.
2. They benefit from expert guest lectures, career counselling, and mentorship to enhance professional growth.

3. The collaboration fosters women empowerment, digital awareness, and research opportunities, promoting holistic personal and community development.

RESPONSIBILITIES

1. Smt. Aruna Asaf Ali Govt. P.G. College, Kalka:

- Nominate and facilitate interested students for training, internships, workshops, and empowerment programs.
- Ensure students meet the requirements and eligibility criteria set by second party.
- Provide necessary support and guidance to students during the internship/placement period.
- Coordinate with faculty and student bodies to ensure effective participation and documentation of activities.

2. Sifaaz Foundation, Chandigarh:

- Provide internship opportunities and ensure a conducive environment for training/internship.
- Designate a mentor/supervisor to guide and support students during the internship/placement period.
- Conduct collaborative surveys, research projects, and documentation activities in partnership with the college to generate impactful outcomes.
- Offer priority access to students for workshops, seminars, and women empowerment initiatives.

TERMS AND CONDITIONS

1. **Duration:** This MOU will be valid for 3 years from the date of signing of MOU.
2. **Confidentiality:** Both parties agree to maintain confidentiality of each other's proprietary information and intellectual property.
3. **Non-binding:** This MOU is non-binding and does not create any legal obligations or liabilities.
4. **Termination:** Either party may terminate this MOU by giving a written notice to the other party. Notice Period will be of 30 days.
5. **Amendments:** This MOU may be amended or modified by mutual written agreement between the parties.
6. **Dispute Resolutions:** Any dispute arising out of or related to this MOU shall be resolved through mutual discussions and negotiation.

By signing below, both parties acknowledge their intention to collaborate and support each other goals.

For Smt. Aruna Asaf Ali Govt. P.G. College, Kalka (Distt. Panchkula)

Signature: Geeta Sukhija
Name of Authorised Signatory: Dr. GEETA SUKHITA
Designation: PRINCIPAL
Email: gckalka@gmail.com
Date: 17th Sept., 2025

For Sifaaz Foundation, Chandigarh

Signature: Jaskirat
Name of Authorised Signatory: JASKIRAT KAUR
Designation: FOUNDER, DIRECTOR
Email: sifaazfoundation@gmail.com
Date: 17th Sep, 2025

Witness 1: [Signature]
17/9
Witness 2: [Signature]
17/9/25

Witness 3: [Signature]
17/9/25
Witness 4: [Signature]
17/9/25