**SMT. A. A. A. GOVT. P. G. COLLEGE, KALKA**

**MONTH-WISE LESSON PLAN**

**B. A. 2nd Semester**

**Subject: Psychology**

**Name of the Paper: Introduction to Psychology**

**Taught by: Navneet Nancy**

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| **SR. NO.** | **NAME OF THE TOPIC** | **DURING THE PERIOD** |
| 1. | Attention: Nature, Characteristics, Types | 1st February, 2023 to 11th February, 2023 |
| 2. | Psychophysics: Problems of Psychophysics, Classical Methods of Psychophysics | 13th February, 2023 to 28th February, 2023 |
| 3. | Learning: Definition, Factors Affecting Learning, Trial and Error Learning, Insight Learning | 1st March, 2023 to 4th March, 2023-Holi Break-13th March to18th March, 2023 |
| 4. | Learning: Classical Conditioning, Operant Conditioning | 20th March, 2023 to 31st March, 2023 |
| 5. | Memory: Definition, Stages, STM and LTM- Methods to Study Memory Forgetting: Factors leading to Forgetting, Mnemonics | 1st April, 2023 to 20th April, 2023 |
| 6. | Problem Solving: Stages of Problem Solving, Convergent and Divergent Thinking | 21st April, 2023 to 30th April, 2023 |
| 7. | Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendency | 1st May, 2023 to 20th May, 2023 |
| 8. | Revision | 21st May, 2023 to 26th May, 2023 |

**Department of Psychology**

**SMT. A. A. A. GOVT. P. G. COLLEGE, KALKA**

**MONTH-WISE LESSON PLAN**

**B. A. 4th Semester**

**Subject: Psychology**

**Name of the Paper: Developmental Psychology**

**Taught by: Navneet Nancy**

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| **SR. NO.** | **NAME OF THE TOPIC** | **DURING THE PERIOD** |
| 1. | Human Development: Concept and Principles | 27th January, 2023 to 11th February, 2023 |
| 2. | Factors in Human Development: Biological, Social, Cultural | 13th February, 2023 to 28th February, 2023 |
| 3. | Prenatal Development: Determinants and Stages | 1st March, 2023 to 4th March, 2023-Holi Break-13th March to 18th March, 2023 |
| 4. | Infancy: Characteristics, Hazards, Adjustment | 20th March, 2023 to 31st March, 2023 |
| 5. | Adolescents: Characteristics, Problems, Adjustment | 1st April, 2023 to 10th April, 2023 |
| 6. | Childhood: Characteristics, Perceptual Development, Motor Development, Emotional Development, Cognitive Development | 11th April, 2023 to 26th April, 2023 |
| 7. | Adulthood: Early Adulthood, Late Adulthood and Ageing: Changing Patterns and Problems | 27th May, 2023 to 6th May, 2023 |
| 8. | Measures of Variability: Quartile Deviation, Standard Deviation | 8th May, 2023 to 20th May, 2023 |
| 9. | Revision | 21st May, 2023 to 26th May, 2023 |

**Department of Psychology**

**SMT. A. A. A. GOVT. P. G. COLLEGE, KALKA**

**MONTH-WISE LESSON PLAN**

**B. A. 6th Semester**

**Subject: Psychology**

**Name of the Paper: Applied Psychology**

**Taught by: Navneet Nancy**

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| **SR. NO.** | **NAME OF TOPIC** | **DURING THE PERIOD** |
| 1. | Applied Psychology: Meaning, History, Fields and Careers in Psychology | 27th January, 2023 to 14th February, 2023 |
| 2. | Organizational Psychology: Nature, Scope, Objectives, Development | 15th February, 2023 to 4th March, 2023 |
| 3. | Guidance: Objectives, Principles, Types of Guidance, Organization of a Guidance Program | 13th March, 2023 to 25th March, 2023 |
| 4. | Counselling: Need, Principles, Special Areas, Types of Counselling | 27th March to 8th April, 2023 |
| 5. | Health Psychology: Meaning, Scope, Objectives, Concept of Health and Illness | 10th April, 2023 to 18th April, 2023 |
| 6. | Psychological Factors in Physical Illness, Lifestyle and Health, Stress and Coping | 19th April, 2023 to 29th April, 2023 |
| 7. | Forensic Psychology: Psychology and Law, Eyewitness Memory: Accuracy and Improvement | 1st May, 2023 to 13th May, 2023 |
| 8. | Statistics: Correlation- Meaning, Rank Difference, Product Moment Method | 15th May, 2023 to 26th May, 2023 |

**Department of Psychology**